

Stephanie Schwarz

"At MHiM 2018, Stephanie Schwarz will lead a workshop on applying the Resilience Doughnut to the missionary transition experience. To get the most from this workshop, delegates are requested to complete a Resilience Report for themselves prior to the conference, using the link <https://www.resiliencereport.com/mhm-conference>.

The Resilience Report provides a snapshot of the specific resilience characteristics of young people and provides avenues for intervention and on going support. The Resilience Report uses the Resilience Doughnut interactive tool and two validated measures to assist each person to take a snapshot of their own resilience.

To access the Resilience Report, please use this link: <https://www.resiliencereport.com/mhm-conference> **If you might attend this workshop, please complete the report before attending the conference.**

More information about the Resilience Report is available at: <https://www.resiliencereport.com>"