

Dear MHM Conference Delegates,

Hi there - My name is Steph Schwarz. I'll be leading a workshop at the Mental Health in Missions conference in November 2018. The workshop title is "The Resilience Doughnut Applied to Missionary Transitions".

As a conference delegate you have the opportunity of **free access to the Resilience Report** leading up to the conference.

If you think you might attend the workshop or are just curious about this tool, please access it here: <https://www.resiliencereport.com/mhm-conference>

Data summaries of your responses will be a part of the conference presentation so your early responses would be a big help. Could you complete this fun and helpful tool now? I'm looking forward to sharing it with you next month.

In Christ,

Steph

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Stephanie Schwarz
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